



**Welcome** to the West Sussex Carers Online newsletter, keeping you up to date with the latest developments on the Carers Online web site. You are receiving this newsletter because you signed up to keep updated on the web site. Details of how to subscribe or unsubscribe are at the foot of this newsletter.

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## NEW CONTENT

Just a couple of completely new additions to the site this quarter. However the website is constantly being updated with new information in many sections, including the [Noticeboard](#), [News](#) and [Events](#).

- 15/06/06 - [Review of The Carer's Handbook by Jane Matthews](#)
- 23/08/06 - [Wallpapers and Screensavers](#) added to the site. Currently a selection of desktop wallpapers with screensavers to be added in the near future.

## WEB REVIEWERS NEEDED!

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### **Your input is important to us!**

West Sussex Carers Online is looking for carers who are online to occasionally let us know their views and opinions on the West Sussex Carers web site. For further information please email us at: [projects@icis-info4life.org.uk](mailto:projects@icis-info4life.org.uk) or use the [submit form](#) on the website, or call Geoff on 01903 855928 / 777615.

## USEFUL LINKS

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- [Carers Liaison Project: Regis, Chichester and Rural](#) - Information and support for carers in the Chichester District including Midhurst, Petworth, Arundel, Bognor and surrounding villages.
- [Carers Support Service: North and Mid Sussex](#) - Support for carers in the Horsham, Crawley and Mid Sussex areas.
- [Worthing and District Carers Liaison Service](#) - Information and support to people who are looking after a family member, friend or neighbour in the Adur, East Arun, Worthing and Chanctonbury areas (including Steyning, Henfield, Storrington and Pulborough).
- [Carers Information Bus](#) - The Carers Information Bus is run by the carers network and provides information to carers throughout West Sussex. You can find a timetable from this link, showing dates and locations of the bus.
- [ICIS: information for life](#) - ICIS is a registered charity that operates a specialist information service for organisations in all sectors and for individual people in West Sussex.

## EVENTS

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There are many events for carers happening around West Sussex including training, social events and support groups. Why not visit the pages below to see if there is anything that might be of interest to you?

- [Events for September](#)
- [Events for October](#)
- [Events for November](#)

Do you know of any events that may be useful to carers? Why not [Tell us about your event](#)

## THANKS

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A big thank you for everyone's continued support of Carers Online. Without feedback, input and use of this web site we would not be able to help the thousands of people that use the facility every year. Please continue to support Carers Online and if you have any ideas, thoughts or wish to contribute please email me at [projects@icis-info4life.org.uk](mailto:projects@icis-info4life.org.uk).

And please feel free to pass this Newsletter on to anyone you may think it would be of interest or benefit to.

Regards,  
Geoff

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